



### Weekly Note Home

Office Hours: 7:00am - 3:30pm School Hours: 8:00am - 2:10pm Telephone 530-357-2131 ~ Fax: 530-357-2138 ~ Website: hvusd.net

### Make a Routine

Do you know What You Can Do When Absences Become a Problem?

> Great tips See back of Newsletter

Please call or email me if your child will be absent or if you have any attendance questions. 530-357-2131 rparkinson@hvusd.net



## MINIMUM S

Every Monday
Release Time is
1:10 pm. Bus will drop
off 1 hr before regular
time.

10-7 thru 10-11 early release at 1:10pm all week



Fall Picture Day is coming.
Tuesday 9-17-19



### **Dates to Remember:**

9-10: Coffee with the Principal 7:30am Room#1

9-10 and 9-11: Cross Country Practice 2:10pm to 2:40pm

9-10: Board Meeting Happy Valley Elementary 6:00pm

9-13: First Cross Country Meet. West Valley High 5:30pm

9-16: Minimum Day release time 1:10pm

9-17: Fall Picture Day

9-17 and 9-18: Cross Country Practice 2:10pm to 2:40pm.

9-20: Cross country Meet 5:00pm @ Grand Oaks

10-7 thru 10-11: Parent/Teacher Conferences Early release @1:10 all week



### Note from Mrs. Craig, Principal

Our school year is off to a great start! Students have already started to set academic goals and strive for achievement. As I watch students learning, I see smiles on their faces as they discover and learn. We hope that our students will be at school every day so they are able to build their knowledge base and friendships.

Don't forget to stop by for coffee and conversation on Tuesday morning from 7:30-8:00. We will talk about our plans for Harvest Festival, student progress, and other events in the near future. We will meet in Room 1.

September is the perfect time to build strong attendance and study habits. Please, encourage your child to read every night and to attend school every day. We want our students to have every opportunity to succeed.

Don't forget to stop by the office and schedule an appointment with Mrs. Garcia for a Triple P Parenting class. She offers custom classes to share positive parenting practices. She's our family liaison and she is able to help families access resources to support student learning.

### **GOOD ATTENDANCE STARTS WITH**

# MAKING AROUTII



#### **Evening Routines**

Homework completed; items requiring signatures, such as permission slips, are taken care of.

Have backpack organized and ready for the next day.

Check the weather; have clothing ready for the next day.

Check calendar for any special events, appointments.

Have a set bed-time; set an alarm clock for a consistent wake-up time.

Set a time when screen time ends.



### **How Routines Help**

Routines foster responsibility.

Involve children in establishing routines.

Routines allow everyone to know what is expected.

Routines help reduce stress.

Have family meetings occasionally to discuss what is/isn't working with the routine.

Take a break from the routines on weekends, but keep bedtime somewhat consistent.

Celebrate the successes of the week!



#### **Morning Routines**

Have a consistent wake-up time and order of tasks.

Have a healthy breakfast at home or school.

Have a set time to leave the house in order to get to school on time.

Remind children about after

school plans.



